

Lands End, Sennen and The Minack

5m:8km None of the places here are further than 5miles/8kilometres from **Lands End**, however all are down very steep hills, so consider the trip back!

- The **1mile/1.6km** off road cycle route number 3 to **Sennen** from **Lands End** is easy and spectacular, if you opt to drop down to **Sennen Cove**, try the Beach restaurant
- Continuing on from **Sennen** on Route 3 takes you to **St Buryan**, Lamorna Cove, Mousehole and Newlyn
- The best route to the **Minack Theatre** from Lands End is a short cycle back up the A30 to **Trevescan** (Apple Tree Cafe is very good there) and follow the brown signs on the B3315 to the **Minack Theatre 4m/6.4km**.
- For **Porthgwarra** turn right at **Poligga**, the other right turning there will take you nearly all the way to **Nanjizal**
- **Penberth** is **2m/3.2km** beyond the **Porthcurno/Minack** turn off on the road to **St Buryan**. The Logan Rock Inn at **Treen** just before the **Penberth** turn off is well worth a visit.

